



substance abuse

CONTINUING CARE SERVICES

Kaiser Permanente Services

Addiction Medicine.....619-221-6550

Department of Psychiatry.....877-496-0450

Community Services

This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

2-1-1 San Diego 211

For the most current shelter and rehab availability and info 800-227-0997
www.211sandiego.org

Acadia Health Care (Methadone maintenance, Detox, Antabuse).....877-637-6237
East Clinic.....619-579-8373
3rd Avenue Clinic.....619-831-6285
North Clinic.....760-744-2104
www.acadiahealthcare.com

Al-Anon Family Groups..... 619-296-2666
www.alanonsandiego.org 800-690-2666

Alcohol & Drug Services (San Diego County) 888-724-7240
<https://up2sd.org>

Alcoholics Anonymous
San Diego..... 619-265-8762
<http://aasandiego.org>
North County 760-758-2514
<https://ncsandiegoaa.org>

California Association of Alcohol and Drug Program Executives, Inc.
www.caadpe.org

California Department of Health Care Services
Substance Use Disorder Services – Alcohol and other drug programs
SUD Directories (ca.gov)

<http://continuingcare-sandiego.kp.org>



Cocaine Anonymous.....	866-242-2248
<i>www.casandiego.org</i>	
Codependents Anonymous.....	760-215-9060
<i>www.sdccoda.org</i>	
Food Addicts in Recovery Anonymous	
<i>www.foodaddicts.org</i>	
Gamblers Anonymous (San Diego Hotline).....	855-222-5542
National Hotline.....	888-233-8547
<i>www.gamblersanonymous.org</i>	
McAlister Institute for Treatment & Education, Inc.....	619-442-0277
North Inland Women and Adolescent Recovery Center	760-761-0515
Regional Recovery Centers	
East County	619-440-4801
North Central	858-384-6284
South Bay.....	619-691-8164
South Bay Women's Recovery Center	619-336-1226
<i>www.mcalisterinc.org/services/programs</i>	
Narcotics Anonymous.....	800-479-0062
<i>http://sandiegona.org</i>	
Spanish.....	619-546-0774
NAR-ANON Family Groups Southern California Region	
<i>www.naranonsocal.org</i>	
National Clearinghouse for Alcohol & Drug Information	800-662-4357
<i>www.samhsa.gov</i>	
Overeaters Anonymous.....	619-962-2449
<i>www.oasandiego.org</i>	
Pathfinders of San Diego, Service Center.....	619-260-1605
<i>https://pathfindersofsd.org</i>	
Rethinking Drinking Alcohol and Your Health (Nat'l Institute of Health)	
<i>www.rethinkingdrinking.niaaa.nih.gov</i>	
Salvation Army ARC (drug & alcohol rehabilitation)	619-239-4037
Stepping Stones (Alcohol & Drug program for the Gay & Lesbian community)	
Resident Program.....	619-278-0777
<i>www.steppingstonesd.org</i>	
Volunteers of America Detox Center.....	619-282-8211
Veterans Village of San Diego (referrals)	619-393-2000
<i>www.vvsd.net</i>	
Women for Sobriety	
<i>www.womenforsobriety.org</i>	

For corrections or additions to this handout, please call (619) 641-4456